

The Gluten-Free Menu

Gluten-Free Disclaimer: Please keep in mind that any items prepared without gluten products are made in a facility that handles many other wheat products. During normal kitchen operations, there is a possibility for food items to come in contact with wheat gluten/proteins. However unlikely, we are unable to guarantee that any menu item is completely gluten-free.

Breakfast Items

“BBB” - Belgian Breakfast Brioche —A toasted gluten-free bread topped with a two egg omelet, thinly sliced ham, and gouda cheese. *No substitutions.*

Breakfast Special**—Two eggs any way you would like, your choice of bacon, sausage, or ham, and your choice of gluten-free bread.

Create-Your-Own Omelet**—Includes any three ingredients from below. Served with your choice of gluten-free bread.

Additional ingredients: spinach, mushroom, roma tomato, green onion, onion, roasted red bell peppers, green bell peppers, artichoke hearts, green chile or jalapenos. Meats: applewood bacon**, ham, sausage**, ground beef**, grilled chicken**
Cheeses: gouda, swiss, fresh mozzarella, cheddar, provolone, feta, or blue cheese. **Fresh avocado.**

Gluten Free Pain Perdu—The way “French Toast” was meant to be served! Toasted gluten-free bread covered with a creamy egg custard, baked and caramelized to perfection. This is not your regular French toast!

Corned Beef Hash**—Fresh made corned beef served with home fries, two eggs any way you would like and your choice of gluten-free bread.

Eggs Benedict**—Poached eggs and ham topped with Hollandaise sauce served with home fries, side salad and your choice of gluten-free bread.

Eggs Florentine**—Poached eggs, sautéed roma tomatoes and spinach topped with Hollandaise sauce served with home fries, side salad and your choice of gluten-free bread.

Quiche of the Day—A classic version of the French quiche, peasant style (no crust). Served with side salad and your choice of gluten-free bread.

Parfait—Plain Greek yogurt, granola, and seasonal fresh fruit

Salads

Caesar Salad—Romaine lettuce with traditional Caesar dressing, and parmesan cheese. Add grilled chicken \$3.50** or add grilled salmon \$5.00**. (Ask for this salad without bread)

House salad—Organic spring mix, tomatoes, cucumber, carrots, feta cheese, and our homemade white balsamic dressing. (Ask for this salad without bread)

Kid Items

#1**—Gluten-free bread, one egg any way you would like, and your choice of one slice of applewood bacon or sausage patty.

Grilled Cheese—A kid’s portion served with your choice of cheese and on your choice of gluten-free bread. Served with potato salad or plain potato chips.

Ham Sandwich—A kid’s portion served with your choice of cheese and on your choice of gluten-free bread. Served with potato salad or plain potato chips.

Side Orders

- Two Slices of Applewood Bacon**
- Two Sausage Patties**
- Thick Slice of Ham
- Two Jumbo Eggs**
- Green Chile
- Salsa
- Home Fries (grilled sliced potatoes & onions)
- Fruit Cup
- Side Salad
- Gluten-Free Toast
- Pure Maple Syrup
- One Scoop of Any Cream
- Chocolate Ganache

1. **Choose your bread:** Gluten-free sliced bread, Gluten-free Hoagie Roll, Gluten-free Bun
2. **Choose your spread:** Sun Dried Tomato, Green Peppercorn, Pesto, Garlic & Herb, Greek Yogurt Feta
3. **Choose your sandwich!**

All Sandwiches come with your choice of 2 sides: Red Potato Salad, Fresh Green Salad, or Potato chips.

Hot Sandwiches

Belgian Burger**—Fresh ground beef patty topped with caramelized onions, gouda cheese, romaine lettuce, and roma tomatoes sitting on a brioche bun.

Lamb Sandwich**—The best in town! Tender lamb with caramelized onions, roma tomatoes, romaine lettuce, and gouda cheese.

Roast Beef Sandwich**—Roast beef, caramelized onions, roma tomatoes, romaine lettuce, and gouda cheese

Ham Sandwich—Ham, caramelized onions, roma tomatoes, romaine lettuce, and gouda cheese.

Turkey Sandwich—Turkey, bacon, pesto, with roma tomatoes, romaine lettuce, and gouda cheese.

Salmon Sandwich**—A fresh salmon filet on a bed of shredded romaine lettuce, topped with caramelized onions and fresh grilled tomatoes.

Ultimate Vegetarian—Eggplant, zucchini, yellow squash, caramelized onions, artichoke hearts, and roasted red peppers topped with gouda cheese.

Cold Sandwiches

Mediterranean—Imported dry cured ham, romaine lettuce, and roma tomatoes.

Italian—Fresh mozzarella, capicola ham, roma tomatoes, romaine lettuce, pesto sauce, and roasted pine nuts. (This can also be served hot!)

Greek—Organic baby spinach leaves and imported Greek style ham.

Sandwich, Soup, or Salad Combination

Choose Two: 1/2 Sandwich*
 Cup of the Soup of the Day
 Side Salad

***Sandwiches from which to choose**

Mediterranean, Turkey, Italian, Greek, Lamb, Roast Beef, or Ham. No substitutions.

Drinks

Soft Drink:

Coke, Diet Coke, Dr. Pepper, and Sprite

Teas:

House Iced Tea, Fuse Raspberry Ice Tea, Twining's tea

Hot Tea (Organic & Regular)

Milk/Chocolate Milk

Hot Chocolate

Coffee

(Colombian, French Roast, or Decaf Coffee)

Juices:

Simply Orange, Simply Lemonade, Simply Raspberry

Lemonade, Apple, Cranberry

(Refills of juice can be provided at an additional charge)

**Items that are cooked to order may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness.

Please let us know if you have food allergies. Not all ingredients are listed on the menu.